



Physical Activity Resources

AAHPERD (American Alliance for Health, Physical Education, Recreation, and Dance)
www.aahperd.org

America on the Move
www.americaonthemove.org

Bright Futures in Practice- Physical Activity
<http://www.brightfutures.org/physicalactivity/about.htm>

California Center for Public Health Advocacy
<http://www.publichealthadvocacy.org/>

California Walk to School Headquarters
www.cawalktoschool.com

CANFIT (California Adolescent Nutrition and Fitness Program)
<http://www.canfit.org/>

CATCH (Coordinated Approach to Child Health)
<http://www.flaghouse.com/CatchPE.asp>

California Center for Physical Activity
www.caphysicalactivity.org/

CDC Physical Activity
<http://www.cdc.gov/nccdphp/dnpa/physical/index.htm>

Federal Government Physical Activity
<http://www.healthierus.gov/exercise.html>

Fit 4 Life
<http://www.bam.gov/>

Kidnetic
www.kidnetic.com

Log It
www.peclogit.org/logit.asp

PE Central
www.pecentral.org

President's Council on Physical Fitness and Sports
www.fitness.gov

Shape up America
www.shapeup.org/

Smallstep.gov
www.smallstep.gov/

SPARK (Sports, Play and Active Recreation for Kids)
www.sparkpe.org

Sports 4 Kids
www.sports4kids.org

VERB- Youth Media Campaign
www.cdc.gov/youthcampaign/index.htm



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